

DOWNSTREET

Housing & Community Development

PROPERTY MANAGEMENT

MAY 2020 NEWSLETTER

HOW TO REACH US

Maintenance Work Order Requests:

(802) 477-1347 **OR** Toll free (877) 320-0663
You will be directed to an automated system
(and not a live person); PRESS 1 for the
work order line.

Maintenance Emergencies 24/7:

(802) 229-6563

Megan Lovely | Montpelier Property Manager

(802) 477-1420 or text (802) 275-5225 with
your name & property, or email
mlovely@downstreet.org

Louisa Olson | Barre, Bradford,
Williamstown Property Manager
BEST CONTACT: lolson@downstreet.org
By phone: (802) 477-1346 (up to 48 hours
before return call back)

Neil Smith | Waterbury, Waitsfield,
Warren, Cabot Property Manager
(802) 477-1332 or nsmith@downstreet.org

Rachel Bryan Shatney | Associate Director
of Property Management
(802) 477-1348 or rshatney@downstreet.org



FOOD RESOURCES

There are still places that
can help you with access to
food during this pandemic!

**If you need food for your household,
here are some resources:**

Capstone Community Action

20 Gable Place, Barre, VT

M, W & F from 9am-12pm & 1pm-3pm

Veggie VanGo

Berlin School, 372 Paine Turnpike N, Berlin, VT

Every other Friday only

Trinity United Methodist Church

137 Main Street Montpelier, VT

T, Thur & Sat. from 10am-12pm

Salvation Army

25 Keith Ave. Barre, VT

Soup Kitchen: M, W & F 11:45am-12:30pm

Food is left out front with some food to take.

Food Pantry: W & Thurs. 12:45pm-3:45pm

(Please call 802-476-5301 to make an appointment; some location
restrictions may apply, and they are more than happy to chat
about this.)



Coronavirus Update for Our Downstreet Residents

THE GOOD NEWS

The numbers for COVID-19 are going down in Vermont. For some, recovering from COVID can be done at home. And the economy is being gradually opened up again.

THE NOT-SO-GOOD NEWS

Some people have a very bad health response to getting the virus. This could be anyone, including one of your neighbors. This situation (even as it gets better) is expected to continue until there is a vaccine, which is many months away.



Recent data has revealed important information:

- **You can have COVID-19 (be infected) and not even know it** (an infected person may not have symptoms)
- **You can spread the virus even BEFORE symptoms show up (if they do — some people never show symptoms)**
Droplets produced when we breathe, speak, or clear our throat can spread COVID-19 from one person to another and to surfaces and pets in between.

THE MASK

Wearing a face mask helps protect people around us from getting infected with the virus that we might not know we even have! So, wearing a mask is done largely to protect **others** and to reduce the number of people who get the virus overall.

It may feel odd wearing a mask, but it's an important part of keeping the virus at bay in our buildings and communities. The mantra is: "I'll protect you; you protect me...please."

This can make a BIG DIFFERENCE out in the hallways, laundry rooms and elevators in your building. The mask helps keep the virus from spreading to door handles, coin machines, etc. that others may touch later in the day.

Some people should **NEVER** wear a mask, including children under the age of 2, anyone who is unable to remove the mask without assistance or is unconscious, and anyone who has trouble breathing.

Your mask should include multiple layers of fabric but allow for breathing without restriction. The face covering needs to be worn properly to be effective to avoid the spread of germs:

- **CLEAN HANDS:** Wash or sanitize your hands before putting it on. Avoid touching things in public spaces. Use sanitizer.
- **COVERED & SNUG:** Be sure your mouth and nose are completely covered. Hook loops around your ears or tie it snugly.
- **KEEP IT ON:** Don't touch the mask or pull it down while in public. Keep it on until you get home in case the virus from others has landed on your mask when breathing in.
- **REMOVE & WASH UP:** Remove the mask without touching your eyes, nose or mouth, then wash your hands immediately.
- **LAUNDER:** Wash the mask and make sure it's completely dry before using again. Have a few on hand so you can rotate for washing.

"This may be the new normal for some time."

— Dr. Mark Levine
VT Commissioner of Health

Need a Face Covering? You have a few options:

- **Make one:** The Centers for Disease Control has instructions on [making your own coverings](#).
- **Buy one:** Find a list of places at vem.vermont.gov/covid19/facecovering
- **Reach out to your community or to Downstreet staff.** Check out places like Front Porch Forum to connect with other Vermonters making masks.